



02 November 2021

Dear Parent/Carer,

Mindset for revision - Live-N-Learn Workshops

We are all acutely aware that all S4-6 students have had a very disrupted learning journey over the last 18 months. We are hopeful that this year will see them sit SQA examinations in May. As we now know, this cannot be guaranteed until much closer to the time. If not then they will require to ensure the evidence they generate throughout this year in class assessments and January prelims is their best possible work. To help them do this, each student will be allocated a 2 hour slot (double period) to work with a well-known company, who are coming in to deliver workshops with the entire senior phase on Tuesday 16th and Wednesday 17th November 2021.

Students will experience a variety of practical & effective study tools & techniques required to achieve success. By tackling the challenge of 'how to study', young people recognise how their attitude towards their own capacity for improvement, plays a key role in their motivation to revise independently and persist in the face of setbacks. This workshop was previously named 'Mindset for Exams', many young people may not have a final 'exam' however this could always have been named 'attitude to learning' or 'mindset for studying', in fact without a final exam or for those who do have them for the first time in years this can be daunting times full of anxieties. Live-N-Learn will offer a perfect timely inspirational boost to help our students achieve their potential.

Topics covered:

- Taking personal responsibility and 'making it happen'
- Time management & prioritisation
- Developing a growth mindset & building resilience
- 4 step revision process with 30 study strategies
- Overcoming distractions
- Grasping opportunities

Students will be given further information about their allocated time, however please ensure that your child attends school for their workshop, especially if it is during an offsite study allocation. Attendance will be taken. We believe our young people can achieve great things if we give them the tools to get there.

If you have any further questions, please do not hesitate to contact us.

Yours sincerely,

Catherine McNay
Depute Headteacher