

21st June 2021

To Staff, Lockerbie Academy

Exposure to COVID-19 infection – ACTION REQUIRED

You will need to isolate in your family home up to and including Fri 25th June 2021

Over the last few weeks we have become aware of more cases of COVID-19 infection in the local area, including within the school community.

We believe that you have been in close contact with someone who has the infection, and therefore are at risk of developing COVID-19 infection. You need to self-isolate in your own home until the date above, and can return to normal activities the following day. Other members of the family can continue to leave the house, unless you develop symptoms, but you should try to avoid very close contact from household contacts, and increase ventilation in your house where possible during this isolation period.

If you, or anyone in your household, develop coronavirus symptoms (even if mild) you should arrange testing, and all remain in isolation until the result is available. You should be tested using a PCR Laboratory based test, even if you have tested negative with an LFD home-test kit, or have been vaccinated.

We advise all those identified as possible contacts to be tested during their period of self-isolation, even if they do not develop symptoms.

Staff working with schools (and their families) are able to access the local NHS testing facility at the Mountainhall Treatment Centre, Dumfries. If you require a test please arrange this by phoning the NHS Occupational Health Department (01387 244626, open 8:45am to 4pm Monday - Friday), or the Contact Tracing Team (01387 241350, open 8:30am to 4pm Saturday – Sunday). Alternatively, it is possible to order a postal kit through the www.nhsinform.scot website.

Further help and advice (including booking a test) is available through the www.nhsinform.scot website, or by phoning the helpline (0800 22 44 88). If you develop symptoms, and you are concerned about your well-being, please phone your GP, or 111 out of hours.

You may also talk to the NHS Dumfries & Galloway Contact Tracing Team on 01387 241350 if you have specific questions about your period of self-isolation.

As a member of staff you may be aware of information that is not publicly available, but we ask you please to keep this in strict confidence. Finally we would ask you please if you could avoid posting speculation on social media. The virus spreads easily and can affect anyone. The school team, along with the Public Health Department, are working hard to contain the infection, and greatly appreciate the support given by the wider community in this task.

Dr Andrew Carnon
Consultant in Public Health Medicine