

Department of Public Health  
NHS Dumfries and Galloway  
Mountainhall Treatment Centre  
Dumfries DG1 4AP  
01387 272724  
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To staff at Lockerbie Academy

### **Exposure to COVID-19 infection in the local area – FOR INFORMATION**

Over the last few weeks we have become aware of more cases of Covid-19 infection in the local area, including within the school community.

We do not believe that you have been in close contact with anyone who has the infection, and so at the moment you are at no greater risk of developing Covid-19 than anyone else in the community. However, you should be aware of the greater number of cases of infection locally and be vigilant for signs of possible infection.

For most people, Coronavirus will cause a mild illness, with the most common symptoms being:

- New continuous cough
- A fever, high temperature (above 37.8° C), or feeling cold or shivery
- A loss of taste or smell

If you, or anyone in your household, develop these, or similar, symptoms (even if mild) you should arrange testing, and remain in isolation until the result is available.

Staff working with schools (and their families) are able to access the local NHS testing facility at Mountainhall Treatment Centre, Dumfries. If you require a test please arrange this by phoning the NHS Occupational Health Department (01387 244626, open 8:30am to 4pm seven days a week).

Further help and advice is available through the [www.nhsinform.scot](http://www.nhsinform.scot) website, or by phoning the helpline (0800 22 44 88). If you develop symptoms, and you are concerned about your well-being, please phone your GP, or 111 out of hours.

You may also talk to the NHS Dumfries & Galloway Contact Tracing Team on 01387 241350 if you have specific questions about your possible contact with COVID-19 infection.

As a member of staff you may be aware of information that is not publicly available, but we ask to keep this in the strictest confidence; unfortunately there have been a number of serious instances of face to face and online bullying of children, their families, and school staff recently following cases in other schools. The school team, along with the Public Health Department are working hard to contain the infection, and appreciate the support given by the wider community in this task.

**Dr Nigel Calvert**  
**Consultant in Public Health Medicine**