

# Lockerbie Academy

## Holiday Activities



The holidays have started. We might not have been in school for the last two weeks, but everyone has been busy and we have had a new way of living our lives to get used to. Now is the time to stop, rest and recharge. So put the schoolbooks down, stay away from Glow and Teams. We have some suggestions for families to try over the holidays...give them a try.

### Cook

Make breakfast, lunch, dinner, snacks. Try something new. Take turns to cook a meal for the family. Click for a website with lots of recipe ideas.

### Youth Work D&G

Our Youth Work team have been sharing some great activities on their social media channels. Click to link to their Facebook page but they are also on twitter @youthworkdg

### Work Out

Keeping active is even more important when we can't get out as much. Click for our Active Schools Teams You Tube channel to get you started.

### Films

Have a film night. There are lots of films on freeview, catch up or streaming services. Make some snacks, dim the lights and get the household together on the sofa.

### Games/Puzzles

There are lots of games and puzzles online. You might have a games console and you could have competitions with your family. You could draw members of your family and get people to guess who they think the picture is. Search for games that don't need a computer that you can enjoy together.

### Read

Reading is a great way to switch off. You could read to a younger family member. Join the library online & access ebooks & audiobooks free from BorrowBox. Click for more info.

### Saltire Award

If you can & it's safe to do so, try to help those in need. Can you volunteer, pick up shopping for someone? Register your volunteer hours for the Saltire Award

### Keep in Touch

Although school is closed, if you need help or support, click here to find out who you can get in touch with.

### Chat

While we are staying safe indoors, we can't see friends or family - so lets pick up the phone: call, text video call to keep intouch. Share playlists and listen to each others music. Remember to stay safe while online.



#SupportDG